

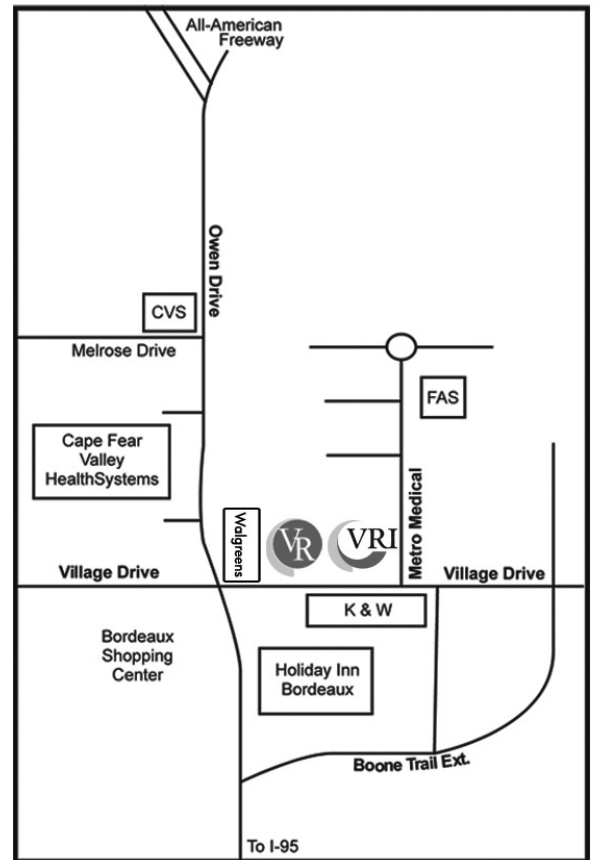


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Hours: Monday - Thursday 8am - 5pm
Friday 8am - 2pm

www.valleyradiology.com



PRE-PROCEDURE INSTRUCTIONS

ESI INSTRUCTIONS

1. You **MUST** have a driver
2. You may eat and drink as normal
3. Stop aspirin 5 days before
4. Stop blood thinners 5 days before
5. Stop Metformin the day of and after procedure
6. Take all other medications as directed
7. Expect to be here at least 30 minutes to an hour
8. If diabetic closely monitor your BG for 24 hours after and follow up with Primary Care Provider if issues.

THYROID FNA INSTRUCTIONS

1. You **DO NOT** need a driver
2. You may eat and drink as normal
3. Stop aspirin 5 days before
4. Stop blood thinners 5 days before
5. Take all other medications as directed
6. Expect to be here at least 30 minutes to an hour

BREAST BIOPSY INSTRUCTIONS

1. You **DO NOT** need a driver
2. You may eat and drink as normal
3. Stop aspirin 5 days before
4. Stop blood thinners 5 days before
5. Take all other medications as directed
6. Expect to be here at least 1 to 1 1/2 hours
7. Shower/bathe before procedure as you will not be able to shower for 24 hours

JOINT INJECTION INSTRUCTIONS

1. You **MUST** have a driver
2. You may eat and drink as normal
3. Stop aspirin 5 days before
4. Stop blood thinners 5 days before
5. Stop Metformin the day of and after procedure
6. Take all other medications as directed
7. Expect to be here at least 1 hour
8. If diabetic closely monitor your BG for 24 hours after and follow up with Primary Care Provider if issues.

EVLT INSTRUCTIONS

1. You **MUST** have a driver
2. You may eat a light meal and drink as normal
3. Stop aspirin 5 days before
4. Stop blood thinners 5 days before
5. Take all other medications as directed
6. Expect to be here at least 1 to 2 hours
7. **DO NOT** take Valium until instructed to
8. Bring your compression hose with you
9. Shower/bathe before procedure as you will not be able to shower for 24 hours
10. **DO NOT** wear lotion or moisturizer on legs
11. Wear loose fitting comfortable clothing

ANGIOGRAM/STENT INSTRUCTIONS

1. You **MUST** have a driver
2. **DO NOT** eat after midnight
3. Stop aspirin 5 days before
4. Stop blood thinners 5 days before
5. Stop Metformin the day of and after procedure
6. You can take all other medications as directed with a small sip of water
7. Expect to be here at least 3-4 hours or longer
8. **DO NOT** take Valium until instructed to
9. Shower/bathe before procedure as you will not be able to shower for 24 hours
10. Wear loose fitting comfortable clothing

SCLEROTHERAPY INSTRUCTIONS

1. You **DO NOT** need a driver
2. You may eat a light meal and drink as normal
3. Stop aspirin 5 days before
4. Stop blood thinners 5 days before
5. Take all other medications as directed
6. Bring your compression hose with you
7. Expect to be here at least 30 minutes to 1 hour